

November

2024



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
27	28	29	30	31	1	2
					Cheese quesadillas, brown rice, guac and salsa, fresh cut fruit and steamed veggies.	
3	4	5	6	7	8	9
	Pasta with Alfredo sauce. Steamed local veggies, Fresh fruit.	Chicken tenders, pretzel bite, steamed local vegetables, fresh cut fruit.	Meatballs, rigatoni, Steamed local veggies and fresh cut fruit	Chicken Tacos, the fixins, steamed veggies and fresh cut fruit	Chicken sausage, Tater tots, bagels fresh cut fruit.	
10	11	12	13	14	15	16
	Mac and Cheese, steamed local vegetables, Fresh cut fruit.	Angus beef tacos, the fixins, steamed veggies and fresh cut fruit.	Penne Pasta, meat sauce, Steamed local veggies and fresh cut fruit	Turkey breast, mashed potato, steamed veggies and fresh cut fruit	Cheese quesadillas, brown rice, guac and salsa, fresh cut fruit and steamed veggies.	
17	18	19	20	21	22	23
	Pasta with Alfredo sauce. Steamed local veggies, Fresh fruit.	Chicken tenders, pretzel bite, steamed local vegetables, fresh cut fruit.	Four cheese tortellini steamed veggies and fresh cut fruit	Chicken Tacos, the fixins, steamed veggies and fresh cut fruit	Chicken sausage, Tater tots, bagels fresh cut fruit.	
24	25	26	27	28	29	30
	Mac and Cheese, steamed local vegetables, Fresh cut fruit.	Angus beef tacos, the fixins, steamed veggies and fresh cut fruit.	Penne Pasta, meat sauce, Steamed local veggies and fresh cut fruit	Thanksgiving	Cheese quesadillas, brown rice, guac and salsa, fresh cut fruit and steamed veggies.	